Nutrition Facts

Serving Size 4 oz (113g)
Servings Per Container 57.4

Amount Per Serving	
Calories 200	Calories from Fat 60
	% Daily Value*
Total Fat 6g	**10%**
Saturated Fat 4g	**21%**
Trans Fat 0g	
Cholesterol 20mg	**6%**
Sodium 75mg	**3%**
Total Carbohydrate 33g	**11%**
Dietary Fiber 1g	**3%**
Sugars 26g	
Protein 4g	

Vitamin A 2%	• Vitamin C 2%
Calcium 15%	• Iron 2%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65 g	80 g
Sat Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Milk, sugar, corn syrup, cream, whey, nonfat milk solids, Contains less than 1% of: mono and diglycerides, guar gum, polysorbate 80, carrageenan, artificial flavor, Corn syrup, sugar, water, raspberry puree, natural black raspberry flavor with other natural flavors, citric acid, red 40, propylene glycol alginate, sodium benzoate as a preservative, salt, blue 1., Sugar, chocolate liquor, cocoa butter, soy lecithin (en emulsifier), vanilla flavor

CONTAINS: Milk, Soy

Black Raspberry Frozen Yogurt

The Ice Cream Machine
Home Made Ice Cream
Since 1977
New Englands Finest

A Strawberry flavored yogurt with real strawberries.