

# Nutrition Facts

Serving Size 4 oz (113g)  
 Servings Per Container 57.5

## Amount Per Serving

<b>Calories</b>	170	Calories from Fat	45
	<b>% Daily Value*</b>		
<b>Total Fat</b>	5g		8%
Saturated Fat	3.5g		17%
Trans Fat	0g		
<b>Cholesterol</b>	20mg		7%
<b>Sodium</b>	75mg		3%
<b>Total Carbohydrate</b>	27g		9%
Dietary Fiber	1g		3%
Sugars	22g		
<b>Protein</b>	4g		

Vitamin A 4% • Vitamin C 2%  
 Calcium 15% • Iron 0%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

		Calories	2,000	2,500
Total Fat	Less than	65 g	80 g	
Sat Fat	Less than	20 g	25 g	
Cholesterol	Less than	300 mg	300 mg	
Sodium	Less than	2,400 mg	2,400 mg	
Total Carbohydrate		300 g	375 g	
Dietary Fiber		25 g	30 g	

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS:** Milk, sugar, corn syrup, cream, whey, nonfat milk solids, Contains less than 1% of: mono and diglycerides, guar gum, polysorbate 80, carrageenan, artificial flavor, Corn syrup, raspberries, sugar, water, corn starch-modified, natural raspberry flavor with other natural flavors, locust bean gum, citric acid, sodium benzoate as a preservative, red 40.

**CONTAINS:** Milk

# Vanilla Yogurt

A low-fat vanilla frozen yogurt.

